

Senior Health & Safety Expo

Sponsored by the Maynard Council on Aging &
Maynard Fire and Police

Saturday, September 24

9:00 a.m. – 2:00 p.m.

Fowler Middle School Gymnasium

3 Tiger Drive Maynard

10:00 a.m. "CPR & Choking"
11:00 a.m. "Everything You Need Know About Scams"
12:00 p.m. "Emergency Preparedness"
1:00 p.m. Police Dept. Presents

Learn more about:

- *Volunteer Home Safety Visits
- *Police Emergency Database
- *Medication Collection Services
- *The Maynard Council on Aging
 - *Maynard Senior Center
 - *SHINE (Health Insurance Counseling)

- *Pulmonary & Bone Density Screenings
 - *Blood Pressure & Blood Sugar Tests
 - *Brain Healthy Nutrition
 - *Latest in Medication Management
 - *New and Exciting LifeLine Products
- And lots more information for
better health and wellness

*Please contact the Maynard Council on Aging for more information
at (978) 897-1009*