

EXPANDED MAYNARD SENIOR CENTER SPACE

Facility Specification Package for an Expanded Senior Center

Introduction: We have an identified need for a larger and more accessible Senior Center. The need is demand-driven in terms of programs and services and further fueled by the continued growth of the senior population of our town, currently at 30%.

Location

Downtown location is desired – less isolated, inclusionary, seniors feel an integral part of the community

Parking and Accessibility

Parking adjacent to the building or on-street parking nearby

Limited incline in approach to the building; van-accessible

Handicapped accessibility – ramp and entry doors

Square Footage

Minimum of 5,000 square feet; ideal space would be 6,000 – 8,000 sq. ft. Space must offer the ability to hold classes, activities, and counseling concurrently.

Interior Space (Conceptual Floor Plan)

Two (2) administrative offices – 150 sq. ft. each

Reception desk and office area – 400 sq. ft.

Private counseling / quiet meditation – 250 sq. ft.

Two (2) active exercise areas – minimum 600 and 400 sq. ft., respectively

Art, craft, sewing, music room – minimum 1000 sq. ft.

Social and game room – minimum 1000 sq. ft.

Kitchen with counter, refrigerator, sink, small table, chairs – minimum 400 sq. ft

Bathroom – unisex, handicapped accessible, minimum 35 sq. ft.

Storage space – minimum 400 sq. ft.

Durable Medical equipment loan closet – minimum 100 sq. ft.

Outdoor Space

Outdoor patio space, seating, raised bed gardens, walking or fitness trail

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Capital Plan Specification Package for an Expanded Senior Center

Introduction:

**(Need to write a short paragraph about fit-up costs to relocating the Senior Center to an interim location with more space and better accessibility.) Examples of capital expenditures can include computer equipment, office equipment, furniture, and fixtures, which include the cost of furniture that is aggregated and treated as a single unit, such as a group of chairs or tables.

** Need to complete forms for inclusion on the Capital Planning Committee Priority Funding List, in the fall of 2023.

Equipment

- automatic door opener
- computer, projector, and wireless printer
- 8' movie projection screen

Furnishings

- Public computer workstation

- Storage units

- Three (3) sets of cubbies – for personal belongings and outdoor clothing, one in social room and one in each exercise room
- Open shelving in art room
- Three (3) bookshelves – office shelving and a library corner
- Rolling yoga mat rack

- Tables

- Four (4) game tables
- Two (2) coffee tables
- Five (5) end tables

- Couches - three (3) couches, washable, 6' length

- Six (6) upholstered armchairs – washable fabric

- Sixteen (16) game chairs

Built-ins

- Reception desk - custom built-in with shelving, high counter/low counter

- Kitchen counter and cabinets – L-shaped, lower and upper cabinets, stove top

- Bathroom sink counter and two (2) wall cabinets