

# INFORMATION SESSION

Emerson Health Presents

# DO YOU HAVE A GUT INSTINCT ABOUT YOUR HEALTH?

A Video Presentation About How to Care for Your Gut

Come visit us at the Maynard Public Library for this highly informative video session on how to maintain your gut health.

## DATES

September 19, 2024 at 7:00pm OR  
September 21, 2024 at 3:30pm

## LOCATION

Maynard Public Library  
77 Nason Street  
Maynard, MA

This event is free and open to the public.  
Registration is not required.

Pre-recorded video presentation  
by Dr. Jennifer Naylor  
of Emerson Endoscopy and  
Digestive Health Center.

