

**NEW**

**GENERATION**



**MAYNARD COUNCIL ON AGING & SENIOR CENTER**  
50 BROWN ST., MAYNARD, MA 01754 • 978-897-1009

**MARCH 2018**



**Nayer & Jane**

## The View from Here

Perhaps you mark spring's return when the groundhog shows its shadow (or not), time leaps forward or the literal date of the spring equinox. For me, spring's return is always heralded by the return of red winged blackbirds to the stands of cat tails surrounding the fields where I live. On February 20 as I opened my car window to scan the tree line I was met with the passionate calls of males returning to stake out their territories - red epaulets revealed with each exhalation. Two red tailed hawks perched in separate trees gave me a thrill that I might again hear the demands of the young coming from a stand of pines in the woods.

Listening to the sounds around - whether birds beginning their spring warm ups, golfers sighing sounds of secret joy as they view the course or repeated exclamations when the temperature reaches 50 tell us spring's definitely in the air. The Friends of Maynard Seniors have already secured a table at the Maynard's Farmers Market, Pat's flipping a coin between our next COA trip - Newport Playhouse and a lobster adventure. The rail trail invites the forming of a walking club with access right across the street from the COA. April's luncheon will celebrate the Red Sox's season opening with hot dogs and wearable paraphernalia.  
Happy Spring!

### ~ Amy Loveless

Director, Maynard Council on Aging & Senior Center

(I'd like to thank Janine Parker, who is not retiring contrary to my confusing word play last month, for her spot-on decisions around safe transportation with the COA van this winter).



Penni Earls

## March 26th Town Meeting

On March 26th, the Town will hold a special town meeting. There are 15 articles on the warrant for the people of Maynard.

Eight of the articles are by-law amendments, many of these are simple edits to correct references or set enforcement rates. There are three articles to create a framework for marijuana sales in town. This includes establishing the Board of Selectmen as the local licensing authority, applying a tax to sales, and revising the zoning use table so sales may only occur in certain locations. Two articles are for a gift of land and an easement to the land. This is part of the Maynard Crossing development and the land will protect the Town's wellfield that is adjacent to the property. One article proposes to establish a fund, from donations, that may be used to provide tax relief to the disabled or elderly. Finally, there is an article to allow the Town to purchase land for a future fire station.

While some of these items may seem routine, or even obscure, they are important to the way in which the Town makes decisions, enforces its commitments, and provides for the future of the community. Perhaps equally important, the Town Meeting is our democratic process in action. The people of Maynard get to set the course. Each of these decisions is important, whether you vote for or against each of the 15 articles, please come out and cast your vote.

Maynard Special Town Meeting, March 26, 2018, 7 pm at the Fowler Middle School. The COA van will provide round trip transportation, if needed. To book a ride, contact the CTC Dispatch at 978-844-6809.

### Andrew Scribner-MacLean

Acting Town Administrator

[ascribner@townofmaynard.net](mailto:ascribner@townofmaynard.net) • 978 897-1375



# Highlights of Upcoming Events

## March & April Luncheons

will be held at the Maynard Lodge of Elks, 34 Powdermill Road, Maynard

### March Luncheon

**Thursday, March 8 • Noon**

Stuffed Chicken Breast or Stuffed Pork Chop  
Rice Pilaf, Peas & Salad  
Rolls & Dessert

**\$8.00 Pay at the door**

**Deadline to sign up is February 28 by noon**

Please remember to sign up for the luncheon by the date listed above ~ we need to give Flo a count.  
If you need to cancel please do so by the dates listed above.

### April Luncheon

**Thursday, April 12 • Noon**

Hot Dog, Potato Salad  
Coleslaw, Baked Beans  
Salad, Dessert

**\$8.00 Pay at the door**

**Deadline to sign up is April 4 by noon**



**Wednesday, March 21 • 11:00 a.m.**

Win or Lose You're Bound to Have a Ball!  
We're ready for new tchotchkes! (Bingo prizes)

### Keep Well Clinic

**Wednesday, March 21 • 12:30 p.m.**

Stop by and check in with Judy Manning, RN,  
from VNA CareNetwork. Have a blood  
pressure reading as well as discussing  
medications, changes in sleep patterns and  
individual issues.

### CareOne Presents

**"Label Reading 101"  
March 15, 12:30 p.m.**

Learn about changes to the food label and what  
"Expires by" & "Sell By" really mean. Lunch  
provided. **Sign-up is required** – limited to 25.

### Maynard Senior Citizens Club

The Maynard Senior Citizens Club meets  
the first Wednesday of the month at 1:00  
at the Maynard Lodge of Elks.

### Enjoy Irish Music

with Roger Tincknell performing "Ireland to  
America" at the March Luncheon.



**Please contact the COA for a ride to the  
Special Town Meeting on March 26.**

**(978) 897-1009.**



Jean Duggan

# “Ulysses @ 100”

## Featuring the Abstract Works of Kaitlin Thurlow

Wednesdays through Saturdays February 28 through April 6 from 11 a.m. to 3 p.m.

“Mini” ArtSpace Artists’ Open Studios: Saturday, March 10 from 4 – 6 p.m.

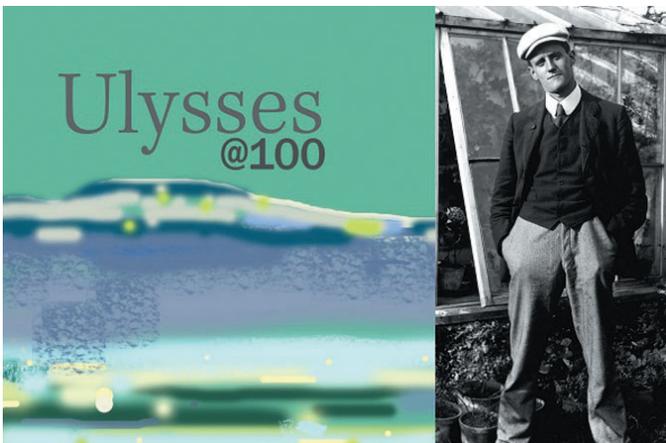
Opening Reception: Saturday, March 10 from 5 – 7 p.m.

Ulysses @ 100 is an exhibit of a series of abstract works inspired by the 100th anniversary of James Joyce’s novel. This series of paintings and sketches in this exhibit explore the themes of the fluidity of time, memory and simultaneity depicted in the 18 episodes and parallels to Homer’s Odyssey.

Gallery hours are  
Wednesdays – Saturdays, 11 a.m. to 3 p.m.  
The ArtSpace Gallery is free to the public  
and is wheelchair accessible.

For more information, please call (978) 897-9828  
or go to [www.artspacemaynard.com](http://www.artspacemaynard.com) and like us on Facebook

**Come join the art scene in Maynard!**  
63 Summer Street, Maynard, MA 01754



### 6 Bridges Gallery

FINE ART AND CRAFT

Gifts • Jewelry • Fiber • Cards • Photography  
Ceramics • And More

#### EXHIBITS



#### Julie L'Heureux

“Food as Art” – Photography

March 6 – April 14

Reception:

March 10, 7–9pm



#### Natalie MacKnight

“Listening to the Wind” –  
Works on paper

April 17 – May 26

Reception: April 21, 7–9pm

77 Main Street, Maynard  
6BridgesGallery.com • 978.897.3825



# Maynard Emblem Club #205

*Presents An Afternoon With*

## The Maynard Community Band



Please join us on

**Sunday, March 11, 2018 • 2:00**

**at the Maynard Elks**

Powdermill Road, Maynard

This is a no cost event. The atmosphere will be warm, the company is sure to be pleasant, light refreshments will be served and the music promises to be outstanding. What a nice way to spend a Sunday afternoon. We look forward to seeing you all there.

Need a ride? Call the Council On Aging and they will set you up. They will start shuttling over at approximately 1:30.

## The Boys & Girls Club of Assabet Valley 20th Annual Road Race

### WHERE:

Mill & Main Parking Lot  
24 Sudbury Rd, Maynard

### WHEN:

Saturday, March 17th, 2018  
5k Run/2M Walk @ 11 AM  
1M Kids Race @ 10 AM

### FUN at the Finish Line:

- Kid Zone
- Food
- Vendor Booths
- Beer from Battleroad post-race



**REGISTRATION:** Register at [www.bgcav.org](http://www.bgcav.org)



## Precious Metals Flute Ensemble

**Saturday, March 17**

**2:30 pm**

**Maynard Public Library  
77 Nason Street**

Join us for a special afternoon concert of flute music, including a few tunes to celebrate St. Patrick's Day. Free and open to all. Light refreshments will be served.

# ArtSpace Maynard

ArtSpace Maynard invites artists in all media (except video) to submit proposals for one month solo or group exhibitions for the 2018-2019 season. The proposed exhibit should be based on a unifying concept that is social, historical, philosophical, cultural, political or other. The ArtSpace Gallery is one of the largest nonprofit exhibition spaces in Massachusetts. Preference will be given to New England artists.

For guidelines go to:

<http://artspacemaynard.com/proposals>

**Deadline: May 14, 2018 by 5 pm**

Gallery Open Wednesdays through Saturdays 11 am to 3 pm

[www.artspacemaynard.com](http://www.artspacemaynard.com)

Fred Batstone, President and Director | Linda Spear, Administrator  
ArtSpace Gallery and Studios  
63 Summer Street, Maynard, MA 01754 • 978-897-9828



Our home health professionals work as part of a multidisciplinary team, closely communicating with each other, the patient's referring physician, family members, as well as other caregivers. The multidisciplinary team consists of nursing staff, rehabilitation therapists, home health aides, and medical social services.

For more information, call 978-287-8300.

 **Emerson Hospital  
Home Care**  
[emersonhospital.org](http://emersonhospital.org)

## TOM HANKS FILM SERIES

Tom Hanks – who has been described as “America’s Dad” – started his career with some wonderful comic films before performing in more serious movies. Join us for a retrospective of his range.



### Sully

Tues, March 13 @ 6:30PM

The story of Chelsey Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the flight's passengers and crew.



### Sleepless In Seattle

Wed, April 4 @ 3:30PM

A recently widowed man's son calls a radio talk show in an attempt to find his father a partner.



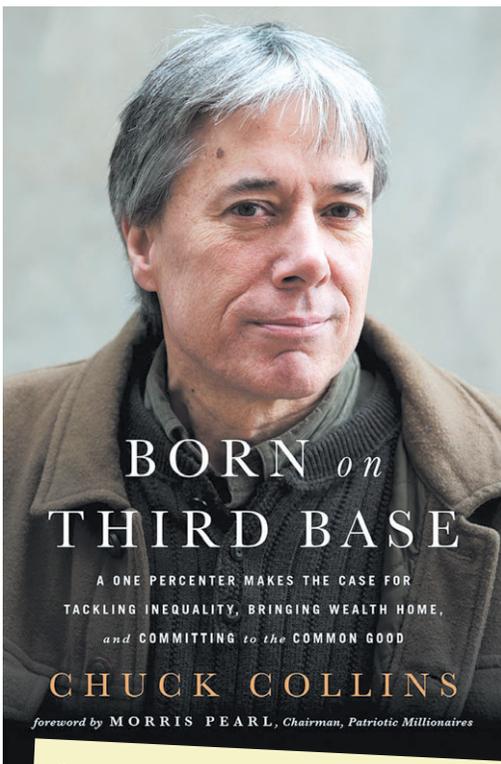
### Charlie Wilson's War

Thurs, April 26 @ 6:30PM

A drama based on a Texas Congressman's covert dealings in Afghanistan, where his efforts to assist the rebels in their war with the Soviets have some unforeseen and long-reaching effects.

Free and open to all. Refreshments served.

Sponsored by the Friends of the Maynard Library  
Maynard Public Library • 77 Nason St • 978-897-1010  
[www.maynardpubliclibrary.org](http://www.maynardpubliclibrary.org)



## An Evening with Chuck Collins

Author of  
*Born on Third Base:  
A One Percenter Makes the Case for Tackling  
Inequality, Bringing Wealth Home, and Committing  
to the Common Good*

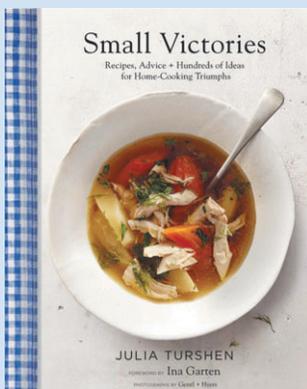
**Maynard Public Library**  
**Thursday, March 22**  
**7:00 pm**

"A call to action for America's wealthy and a warning shot across the bows of their yachts if they fail to act, *Born on Third Base* offers a clear and compelling case for why the privileged and powerful must act to reverse widening inequality of income, wealth, and political power in America."  
— Robert B. Reich, former US Secretary of Labor

Sponsored by the Friends of the Maynard Library  
77 Nason Street | 978-897-1010 | [www.maynardpubliclibrary.org](http://www.maynardpubliclibrary.org)

## March Cookbook Club

Monday, March 19 • 12:00 noon



In March, we will embrace Julia Turshen's philosophy of mastering new cooking skills and celebrating our Small Victories! Borrow the cookbook at the Circulation Desk, select a recipe and prepare it for the potluck lunch on

the 19th. Drinks and place settings provided.

Sponsored by the Friends of the Maynard Library.



**Thursday, April 5**  
through  
**Saturday, April 7**

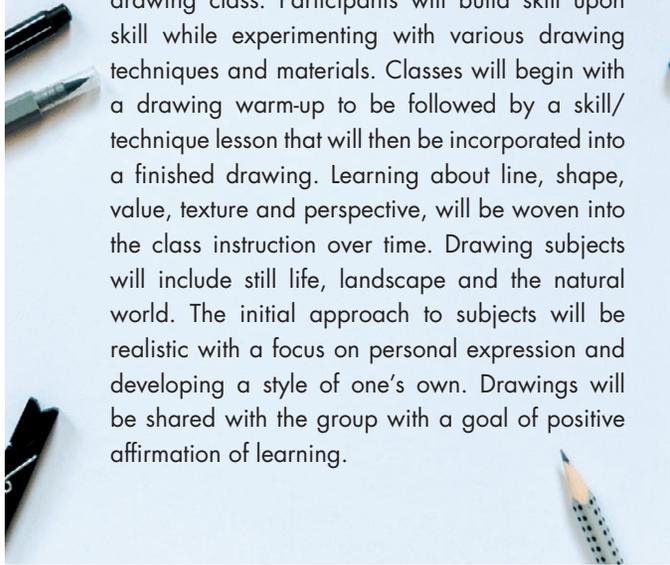
Brought to you by The Friends of the Maynard Library

# Monthly Events

## Drawing For All

**Starts Tuesday, March 13, 1:00 – 3:00 p.m.**  
**\$7.00 per class, limited to Maynard residents**

All levels of experience are welcome to this drawing class. Participants will build skill upon skill while experimenting with various drawing techniques and materials. Classes will begin with a drawing warm-up to be followed by a skill/technique lesson that will then be incorporated into a finished drawing. Learning about line, shape, value, texture and perspective, will be woven into the class instruction over time. Drawing subjects will include still life, landscape and the natural world. The initial approach to subjects will be realistic with a focus on personal expression and developing a style of one's own. Drawings will be shared with the group with a goal of positive affirmation of learning.



## Brains & Balance

**Mondays, 11:00 a.m. - 12:00 p.m.**

**April 9 – June 2 (no class on March 19 and May 28)**

Falls are the leading cause of hospitalization and long term care in the US. Researchers no longer believe that falling or losing mental capacity are inevitable parts of the aging process. The brains & balance program can help prevent falls from happening. Come and try out this new Brains & Balance program in Maynard. Discover how much fun balance training can be while you exercise your brain with specially designed "Train the Brain" drills. These drills are designed to improve your memory, reasoning, conceptualization, language and problem solving skills. This class helps you stay mentally sharp and improves your balance to prevent falls.

**Class size will be limited, \$25.00 for the 10 week program. Everyone who has taken the class is encouraged to take it again – preference is given to newcomers.**

## The Vietnam War

**Thursday, March 29th • 1:00 -2:30 p.m.**

This documentary series by Ken Burns and Lynn Novick tells the epic story of one of the most consequential, divisive, and controversial events in American history. This series explores the human dimensions of the war through testimony of witnesses from all sides. Please join us at the Council on Aging for this special program. Light lunch will be provided. Sign-ups required. Limit: 20.

## Indian Hill Concert

**Thursday, March 15th • 11:00 a.m.**

Join us for this wonderful performance of Oboe and English horn classics! This concert will feature Nancy Dimock, Jennifer Slowik, and Catherine Weinfield-Zell. Complimentary coffee, tea, and cookies will be available. Pick-ups start at 10 a.m. The concert is free. Van cost is \$5.00.



## The Wonders of the National Parks

**Fridays, March 9th, 16th, and 23rd**

**Maynard Council on Aging • 11:30 a.m.**

In March we will continue our wonderful program about The Wonders of the National Parks. Discover awe-inspiring natural landscapes and explore the geological histories and mysteries of our national parks with this National Geographic program. A light lunch will be provided. Sign-ups are required for those who wish to attend. Limit: 20. We would love to have you join us!

## Pizza and a Movie

**Wednesday, March 28th • 11:00 a.m.**

What could be better on a cold, winter afternoon than watching a movie with friends? One week we will watch a classic movie and the next week a contemporary one. Pizza will be available to purchase for lunch. Popcorn and drinks will be provided. Come have some fun with us!



# CALENDAR

## **Z-GOLD TONING WITH RITA V. - MONDAYS - 9:00 a.m.**

Rita's classes contain exercise with balls, weights and bands, standing or sitting for total body conditioning. Increase strength, range of movement, flexibility, balance and coordination. Format for this class allows you to participate at your own pace & ability.

## **KNITTING & CROCHETING CLUB - MONDAYS - 9:30 a.m.**

Join us to learn, teach and hear a good "yarn!"

## **TAI CHI - MONDAYS - 12:30 p.m.**

## **DROP-IN CENTER - TUESDAYS - 9:00 a.m. - 11:00 a.m.**

## **YOGA WITH TERRY - TUESDAYS - 11:30 a.m.**

Yoga provides an opportunity to decrease stress and can lessen chronic pain while improving your overall health and wellbeing with increased strength, flexibility, balance and body awareness. Breathe your way into a positive outlook on life.

## **ZUMBA GOLD - WEDNESDAYS - 9:00 a.m.**

Zumba makes exercise fun! Strengthen your heart, improve your balance, posture and range of motion while moving to the steps of the cha-cha, salsa and merengue.

## **YOGA WITH LISA - THURSDAYS - 9:30 a.m.**

This yoga class teaches yoga postures as a way to develop "mindfulness in motion". Learn how using your Breath brings calmness to your everyday life. Experience how improving balance and increasing strength unifies Body, Mind and Spirit.

## **ART/WATERCOLOR PAINTING - FRIDAYS - 8:30 a.m. - 10:30 a.m.**

## **ZUMBA GOLD - FRIDAYS - 9:00 a.m.**

## **KINGS IN THE CORNER SOCIAL CLUB - FRIDAYS - 9:00 a.m.**

**COA  
BOARD  
MEETING  
MAR. 20  
9 a.m.**



Mary Anne Carey



Judy Neergaard

# Maynard Council on Aging Trips

## SCHEDULED SHOPPING TRIPS

**Mon & Wed  
Stop & Shop in Acton**

**Monday  
Trader Joe's in Acton**

**Friday  
Shaw's in Stow**

One hour is allowed for shopping. Shoppers should call at least 2 days in advance to schedule their shopping times.

**Note Change! Shaw's in Stow Now on Friday**

## COA OUTINGS

The COA will be offering transportation to Walmart and Market Basket on different days to accommodate the schedules of individuals who wish to go to one location and not the other. You may sign up to go to both. The transportation fee is \$3.00 per trip/day. Pickups start at 9:00. Continue to call the COA to signup. Limited to 8 per trip.

### March 13 MARKET BASKET

Market Basket. Pick-ups start at 9:00 a.m. Van cost \$3.00.

### March 20 WALMART

Walmart. Pick-ups start at 9:00 a.m. Van cost \$3.00.

## Contact CrossTown Connect to make a reservation for:

- Medical Appointments
- Grocery shopping at Shaw's and Stop n Shop
- And other types of shopping such as CVS, Kmart, Trader Joe's, etc.

## Council On Aging Van

To schedule the van call **CrossTown Connect: (978) 844-6809**

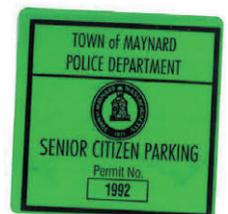
The Council on Aging van runs from **7:00 a.m. to 3:00 p.m.** and provides low cost transportation to local hospitals, doctors, dentists, health care providers, pharmacies, as well as banks, the post office and to the Senior Center on 50 Brown Street in Maynard.

Arrangements must be made one day in advance before 1:30 p.m. (it is best to call several days in advance). A donation of \$1 is requested each time you get on the van. Transportation to the COA is free! Anyone with weekly appointments (same time, same day) must arrange for a standing pickup. If you decide not to go you **MUST** notify the dispatch office.

Residents of Maynard, 60 years of age or older and handicapped persons of any age, may use the van. If the rider is handicapped in any way, please mention this when scheduling the pickup so any accommodations may be made in advance. Pickups may begin 15 minutes before the scheduled time to accommodate more than one passenger. The van will wait no longer than 5 minutes for a passenger to emerge at which time the driver will call the office to report the "no show" and leave for the next pickup. On very busy days the van can get behind schedule.

## Senior Parking Stickers

The Town of Maynard has a Senior Parking Sticker program that allows residents who are 62 years old or older to park at any metered space free of charge for up to 2 hours. Residents interested in the program should bring their license and registration to the Maynard Police Station (197 Main St.) to be issued a sticker.



# Spring is in the Air!



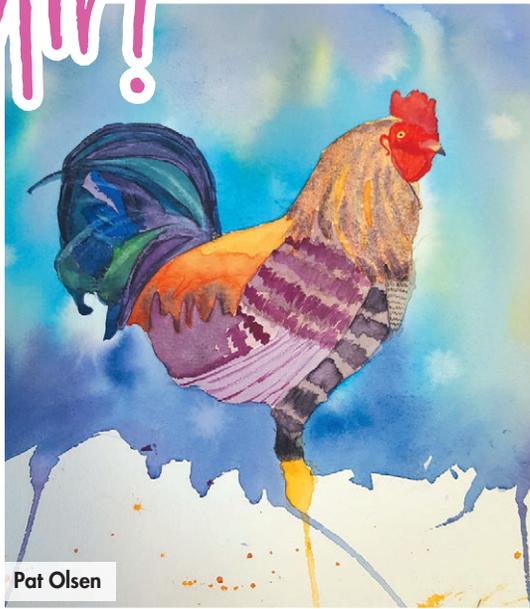
Vivian Kallio



Holly Tognacci



Mary Mitzcavitch



Pat Olsen



Sybil Borders

## Join The Friends of Maynard Seniors, Inc.!

We promote fundraising events and activities to help support programs and services at the Maynard Council on Aging & Senior Center.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email (optional) \_\_\_\_\_

Phone (optional) \_\_\_\_\_

Annual Dues are \$15.00

Payable to: Friends of Maynard Seniors, Inc.

195 Main Street, Maynard, MA 01754

Membership dues and donations are tax deductible

Can You Volunteer a Few Hours to Help Launch Our New Organization?

Event Planning    Event Set-up    Event Promotion    Other \_\_\_\_\_



# Come to a Community Supper!

All are welcome! Bring friends and neighbors!

Every Tuesday, 5:30 at 33 Main St. in Maynard.

Every Thursday, 5:00 at First Parish Church in Concord.

**Pantry Hours: Mondays, 3:00 to 7:00, Tuesdays, 1:00 to 3:00 (Seniors Only),  
Thursdays, 3:00 to 7:00**

**We'd love to have you join us!**

## SPECIAL OPEN TABLE COMMUNITY SUPPERS FOR MARCH



### MAYNARD

March 20

#### BREAKFAST FOR DINNER

Let's try something completely different!  
Enjoy breakfast with all the fixin's including  
Maynard-made maple syrup provided by Ron Kay.

Doors open 5:00. Dinner 6:00.  
33 Main Street, Maynard

### CONCORD

March 8

#### IRISH SPRING

Not your average boiled dinner.  
Chase away that winter chill with  
a warm Irish stew.

Doors open 4:45. Dinner 5:30.  
First Parish Church Concord

## Maynard Food Pantry

*Offering free food aid to local individuals and families in need since 1992*



### Open every Monday

*(Tuesdays when Monday is a holiday)*

**10 am to noon**

**12 Bancroft St., Maynard**

*(off Parker Street, behind Coolidge Park)*

**The Maynard Food Pantry**

**P.O. Box 55 • Maynard, MA 01754**

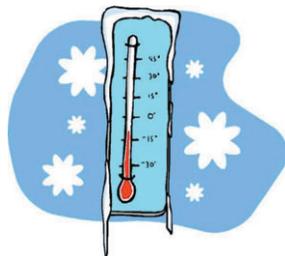
**978-764-5279**

**[maynardfoodpantry.com](http://maynardfoodpantry.com)**

## NEED HELP PAYING HEATING COST???

Help is Available!!! The Fuel Assistance Program helps income eligible households pay a portion of their heating costs. If your Gross Income falls within the limits shown below you may be eligible! You may also qualify for electricity discounts and weatherization programs!

**Deadline to Apply is April 30, 2018**



Household size	Maximum Gross Income
1	\$34,380
2	\$44,958
3	\$55,537
4	\$66,115
5	\$76,693
6	\$87,272
7	\$89,255



For More Information Contact Maynard Council on Aging to schedule an appointment with Pat Kozik at 978-897-1009

## The MA "Circuit Breaker" Income Tax Credit For Homeowners and Renters Age 65 and Older YOU MAY GET A CASH REFUND ON YOUR STATE INCOME TAXES

The Massachusetts "Circuit Breaker" tax credit program is a program for adults age 65 + whose property taxes and half of the water and sewer bills are more than 10% of their annual gross income (or for renters, if their rent is greater than 25% of their income) and who meet a few other rules. Adults can get this income tax credit even if they owe no income taxes. Also, you can get this refundable tax credit if you also receive a property tax exemption from their town assessor.

**The value of the refundable credit can be as high as \$1,070 for 2016 tax filers.**

To obtain the credit, you must file a MA Income Tax "Form 1" and the "CB Form" for the 2016 tax year. You may file to get a refundable credit for the last 3 years\* tax returns, if you have not yet done so. In addition to this year's credit, the maximum credit you may receive for the past 3 tax years is: \$1,070 in 2015; \$1,050 in 2014; and \$1,030 in 2013.

**To download the tax forms** — Form 1 and the CB Form – go to the official Department of Revenue site at: <http://www.mass.gov/dor/individuals/seniors-students-and-military-personnel/seniors-and-retirees/>.

## You're Getting A New Medicare Card!

**Cards will be mailed between April 2018 – April 2019**

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

### Here's how you can get ready:

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at [ssa.gov/myaccount](http://ssa.gov/myaccount) or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.

# Are Your Possessions Taking Over Your Home? Our Decluttering Group Can Help!

10 week group starting

**Wednesday,**

**April 11**

**1:30pm-3:00pm**

Minuteman Senior Services  
26 Crosby Drive, Bedford, MA

Space is limited

**Pre-registration required**

For adults of all ages

For more information contact  
Susan at 781-221-7052 or  
s.adams@minutemansenior.org



If you can answer "YES" to any of these questions, there is help and support for you.

Is clutter affecting you at home, work, or in your relationships?

Does your clutter create safety issues in your home?

Are you embarrassed or ashamed to have people in your home?



**Minuteman**  
SENIOR SERVICES  
www.minutemansenior.org

This program is made possible through generous support from:



**Cummings**  
**Foundation**

## Create A Better Day Café

Are you caring for someone with Memory loss?

Create A Better Day Café encourages socialization with other caregivers and loved ones where you can just be yourself. This is a wonderful opportunity to get out with your loved one and have an enjoyable afternoon. It's a time to step out of the daily routine, leave the disease at the door, and enjoy a positive experience in a safe, supportive, and accepting environment. The afternoon will consist of conversation, entertainment, music, arts, games, refreshments, and most importantly, laughter. There is no cost and it is open to anyone at any stage of the disease process accompanied by friends, family, and loved ones.

It is held the 4th Sunday of each month.

Our Next Café is on Sunday, March 25th, 2018, 1:00pm to 3:00pm

at Pleasantries, 195 Reservoir Street, Marlborough, MA

Please join us to enjoy the Magic of Mr. Magic, Larry Parker



Due to possible cancellation from unexpected events, please call 508-481-0809 prior to attending and listen to voice message



## REP. KATE HOGAN'S SENIOR NEWS

### MARCH 2018

Friends,

As the Legislature enters the final months of our 2017-2018 session, Beacon Hill is as busy and bustling as ever. Legislators – myself included – are working hard to push priority bills over the finish line and into law before the August recess commences. Just last month, the House of Representatives passed priority legislation aiming to address an issue close to all of our hearts: Alzheimer's and dementia.

House Bill 4116, An Act relative to Alzheimer's and related dementias in the Commonwealth, will coordinate state efforts to address Alzheimer's disease and aid patients and families dealing with related dementias. To do this, the bill establishes an "Alzheimer's Disease Advisory Council," which will provide the Executive Office of Health and Human Services (EOHHS) and the Legislature with recommendations on Alzheimer's policy, an evaluation of state-funded research, care, and programming, and any outcomes of such efforts. EOHHS will create an integrated plan to coordinate government efforts while ensuring appropriate resources are maximized and leveraged.

Additionally, in an effort to strengthen a patient's support network and improve communication, physicians will be granted increased flexibility when sharing medical information with a patient's family throughout diagnosis and treatment, while operating within the existing legal framework of federal and state medical information privacy laws. The legislation also creates minimum-training standards for elder protective services social workers and requires a new, one-time continuing education requirement for physicians, physician's assistants, registered nurses, and practical nurses, which will include training in the diagnosis and treatment of Alzheimer's. Several of these provisions originated in the Joint Committee on Public Health, which I co-chair, before being incorporated into the omnibus bill.

As I noted in my December newsletter, there are currently 120,000 individuals in Massachusetts living with Alzheimer's or a related dementia, and that number is expected to climb to 150,000 by 2025. Whether a patient, caregiver, family member, or loved one – Alzheimer's or dementia has touched nearly every one of our lives. As the medical community grapples with this public health crisis, I'm thankful that the legislation passed by the House of Representatives lays out a statewide strategy to address it head-on. The bill now moves to the Senate for consideration.

### Kate's 8th Annual St. Patrick's Day Celebration

You are invited to my 8th Annual St. Patrick's Day Celebration to benefit the Boys & Girls Club of Assabet Valley. This fundraiser will be Friday, March 16th from 5:30 to 7:30 p.m. at the Maynard Country Club, 50 Brown Street, Maynard, MA. There will be appetizers and a cash bar. Tom O'Carroll, Irish Balladeer, will be back providing music entertainment. Hope to see you there!

---

### Hogan's Office Hours

District Office Hours will be held in Bolton on Thursday, March 29th from 6 to 7 p.m. at the Bolton Public Library, 738 Main Street. All questions, ideas, or concerns are welcome. If you are unable to attend office hours, call the State House at (617) 722-2130 to schedule an appointment. Staff is also available at the District Office on all Mondays from 10 a.m. to 3 p.m. (Closed Holiday Mondays)

---

**Proudly represents Bolton, Hudson, Maynard, and Stow**  
**State House**, Room 130, Boston, MA, 02133 / Phone 617-722-2130  
**District Office:** Maynard Town Hall, 195 Main Street, Maynard, MA  
**District Office Hours:** Mondays and Thursdays, 10AM-3PM  
**By appointment:** Call 617-722-2130 or email [Kate.Hogan@mahouse.gov](mailto:Kate.Hogan@mahouse.gov)

# COMING SOON TO FINE ARTS THEATRE PLACE

## RED SPARROW

COMING MARCH 2, 2018

*Starring Jennifer Lawrence, Joel Edgerton, Jeremy Irons*

Ballerina Dominika Egorova is recruited to 'Sparrow School' a Russian intelligence service where she is forced to use her body as a weapon. But her first mission, targeting a CIA agent, threatens to unravel the security of both nations.

## A WRINKLE IN TIME

COMING MARCH 9, 2018

*Starring Oprah Winfrey, Reese Witherspoon*

After the disappearance of her scientist father, three peculiar beings send Meg, her brother, and her friend to space in order to find him.

## IN THE HEAT OF THE NIGHT

MARCH 13TH AND MARCH 14TH ONLY

*Starring Sidney Poitier, Rod Steiger*

An African American police detective is asked to investigate a murder in a racially hostile southern town.

## SHERLOCK GNOMES

COMING MARCH 23, 2018

*Starring Johnny Depp, James MaAvoy, Emily Blunt*

The Kadam family leaves India for France where they open a restaurant directly across the road from Madame Mallory's Michelin-starred eatery.

Looking for the perfect Easter Basket for your favorite movie lover?

Contact us about our gift baskets.

They come in three sizes and fit into any budget!\*

Email us at [shop@fineartstheatreplace.com](mailto:shop@fineartstheatreplace.com)

\*custom sizes also available

BRING THIS AD IN FOR A FREE TICKET WITH THE PURCHASE OF ANY COMBO!\*

\*excludes kids combo, Some Restrictions May Apply

FINE ARTS THEATRE PLACE

19 SUMMER STREET, MAYNARD MA 01754

[www.fineartstheatreplace.com](http://www.fineartstheatreplace.com)

(978) 298-5626

Email us at [info@fineartstheatreplace.com](mailto:info@fineartstheatreplace.com) to join our mailing list, or visit us online or Facebook for weekly show times and special screenings!