

August 2018

REP. KATE HOGAN'S SENIOR NEWS



Joining the Age and Dementia Friendly Movement

I am proud of the towns in my district for their leadership in the state-wide “Age and Dementia Friendly” movement. The goal of the Age and Dementia Friendly initiative is to pave the way for more inclusive towns in which citizens of all ages can find community, and lead healthy, vibrant lives.

As an advocate for senior issues, I always have an eye towards legislation that can help the older adults in the communities I serve. Already this year, I have passed a bill to help those battling Alzheimer’s in their family, called for grants to make the streets in our towns better suited for pedestrians of all abilities, and delivered funding to organizations creating community while serving up nutritious meals to those needing a helping hand.

The Age and Dementia Friendly initiative brings together the Massachusetts Healthy Aging Collaborative, AARP, and Dementia Friendly Massachusetts to provide tools and essential data for advancing how our communities work for the young and the old. While every Age and Dementia Friendly town looks different, they all share a commitment to valuing the voices of their older residents. In the near future, you will have the opportunity to offer input on what resources would help you age successfully.

Of course, organizations in your town are already doing wonderful work for older adults and people living with dementia. The Hudson Shuttle and the Maynard Shuttle, for example, work with the regional transit authorities to improve transportation for all residents. To help keep those with dementia safe, the Hudson Police Department has a dementia-friendly register. Our Councils on Aging and senior service providers, Minuteman Senior Services, BayPath Elder Services, and Montachusett Home Care, continue to be a vital resource and source of community.

We can, however, do more to provide opportunities for older adults to remain active and engaged, and to ensure options for transportation and housing. Let’s all get involved, from every corner of our communities, to make this area Age and Dementia Friendly.

Visit mahealthyagingcollaborative.org to learn more about the movement and stay tuned to news from your town hall and the senior center about how you can help.

I believe that initiatives to help older residents create the kinds of communities in which we all want to live: inclusive, accessible, and intergenerational. I hope you will join me.

Rep. Hogan’s Office Hours

- Office Hours will be by appointment-only during the month of August. If you would like to meet, or if you have any issues or concerns, please contact my office at 617-722-2130 to schedule an appointment.
- In addition to Rep. Hogan’s office hours, her staff is available in the District Office at Maynard Town Hall, 195 Main Street, on Mondays from 10 a.m. to 3 p.m. (*Closed Holiday Mondays*)

Kate Hogan

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Proudly represents Bolton, Hudson, Maynard, and Stow

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